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Insight from Mary....

Everybody says it and it is very true, "People get so busy they forget to live!" Well, before the BIG DANCE (or for those of you that are new to the crazy horse show world, the World Championship Horse Show at the Kentucky State Fair) I want to say thank you.

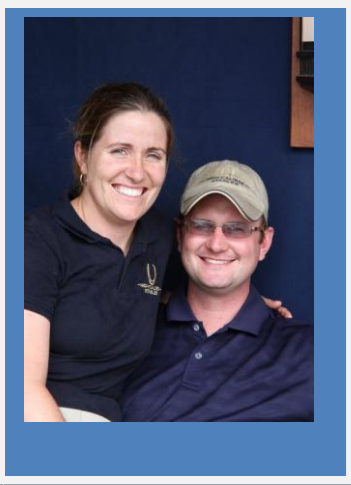
Thank you to each and every person that rides at High Caliber Stables; may it be one lesson a week or four, whether you have five horses with us or no show horses, or if you come here to compete or just relax. Evan and I are some of the luckiest people on earth. We wake up and get to do what we love. We are surrounded by people that share the same love as us –horses.

We all know that I LOVE to compete and that I want it RIGHT (and right now!) but I have to say there is nothing like coming home from a horse show, walking through our beautiful barn, listening to the horses eat, and even better yet, teaching lessons to so many wonderful people. Watching your children grow up and being a part of their lives is as gratifying as winning that Louisville Blue! Watching my adult riders Step OUT of the BOX makes me feel that in a small way I get to continue to help them grow as well.

Lately I have felt the weight of the world on my shoulders and with the help of Evan and friends realized that the only one that makes you feel that way is yourself. Perspective!!!! (I often don't have a lot of that!) Don't get me wrong, Freedom Hall had better watch out, but if we don't walk just right or we get the wrong lead, as long as you gave 100%, we still have our friends, our horses, and the sun will come up tomorrow. And.... there is ALWAYS another horse show! Remember, the most important thing is how we get up after we fall!

From the bottom of my heart, Thank You!

Mary



**HIGH CALIBER
STABLES**

1736 Union Cross Road
Kernersville, NC 27284
www.highcaliberstables.com

E: highcaliberstables@gmail.com
Barn: 336-769-4701
Mary: 704-500-6166
Evan: 336-577-0490



**Congratulations to Vickie
Byrd on her recent purchase
of The Upper Classman!**

REVISED

Fall Show Schedule

*NC State Championship
September 15-18*

*Alabama Charity
October 13-16*

*NC State Fair
October 27-30*

Rider in the Spotlight

MELINDA TEDDER

- 1) *How long have you been riding? How did you get started? I think I was born with a love of horses. As a very young child, riding the ponies at the fair was always a highlight! During my teenage years, I had a friend who introduced me to saddle seat and taught me to post. Unfortunately, with all of my other childhood activities, time did not permit me to add riding lessons. As an adult, I needed to find an exercise activity that I would not stop after a few months. Riding horses - was the answer. In 2002, I began to ride for a physical and mental outlet.*
- 2) *What is your favorite thing about riding and/or showing? Your least favorite thing? My most favorite thing about riding is the freedom to be me! My least favorite thing is when I have to ride a "new" horse.*
- 3) *What division will you are competing in 2010? I have no plans to show in 2010.*
- 4) *What are your goals for the 2010 future show seasons? I need to be less intense and relax. After all, this is suppose to be fun!*
- 5) *Who is your favorite school horse and why? I have three favorite school horses: Spirit, Sampson, and Ursula. Riding Sprit helps me to relax and de-stress. When I'm trotting on Sampson or Ursula, it makes me feel good and I have the desire to get back in the show ring.*
- 6) *What is the one thing Mary always seems to tell you when you ride? Loosen the reins and relax.*
- 7) *What is your biggest challenge or what excites you about riding horses? My biggest challenge is finding the time and energy. Often times, my work takes me out of town. Therefore, committing to a horse show, even for an Academy Saturday, is quite challenging.*
- 8) *What lessons have you learned from riding horses? The primary lesson that I've learned from riding is to stay calm and focus on the issue at hand. No matter what kind of situation I find my self involved, I can quickly think on my feet.*
- 9) *Do you have any good luck charms or rituals when you show? Yes! I cannot ride a horse without my old scratched watch.*
- 10) *What do you like to do when you are not riding a horse? With the support I must provide to my visually impaired mother, work travels and schedules, attending my two grandsons', baseball football and basketball games, there is no time left for anything else! Without the love and support of Stan, I could not ride at all! A big THANK YOU to him.*



HIGH CALIBER STABLES AUGUST BIRTHDAYS

| | |
|-----------|-------------------|
| AUGUST 1 | TERI LONGWORTH |
| AUGUST 5 | STAN FULLER |
| AUGUST 11 | ANNA DREW JACKSON |
| AUGUST 15 | MARGARET MORRISON |
| AUGUST 18 | STAN TEDDER |
| AUGUST 18 | I'ANS REEDER |
| AUGUST 25 | TAMI FREEMAN |

IMPORTANT!!

Remember to check the Lost and Found box in the school horse tack room!

All unclaimed items will be donated to Good Will after September 1st!



Remember to become a Fan (or "Like") High Caliber Stables the next

time you are on Facebook. Todd Poovey does a great job managing our page and welcomes your opinions, suggestions, and/or things you might want to add.

Barn Business



Please come join us!

Many of our riders will be heading to Louisville August 23-28th. This is a wonderful and exciting horse show and we would love for those not competing to come join the fun! If you are interested, please see Mickey or Mary with questions and to receive important show information. We'd love for you to join us!

IMPORTANT TID-BITS

Attention: BARN HELPERS

Barn Helpers will NOT be allowed at the barn before 11:00 am the week before Louisville August 16-20
Thanks for your cooperation!



Mary and Evan will be on VACATION September 2-6th!

Have no fear! Morgan will be here!!

Dr. Decker to retire at NC State Championship Show

Save The Date

WC CH Dr. Decker will retire at the NC State Championship Horse Show Thursday evening September 16. Everyone is invited to attend and celebrate this happy occasion with the Marcums. Details will follow!



Help Us Help the Environment

The barn provides water from LeBleu for its customers and riders, and lately we've gone through a lot! When you plan to be at the barn for an extended period of time, please bring a water bottle to fill as needed. We especially need the kids to bring a bottle when they are out working! Cups are available should you forget your bottle, but we ask that you write your name on your cup and re-use it throughout the day. Thanks for your help!



Who doesn't love jewelry?!

Churchwells Jewelers in Rocky Mount, NC has made a mold of the HCS logo for jewelry! The horseshoe logo is available in white gold, yellow gold and sterling silver and can be made into a pendant or pin. Many options are available such as adding diamonds or other gemstones. This would make a wonderful gift for yourself or loved one! If interested, please see Mickey at the barn.

August 2010

HIGH CALIBER STABLES

Barn Business

EXTRA! EXTRA!

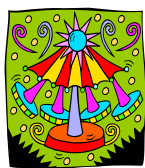
Mary will be signing posters at the Kentucky State Fair on Thursday, August 26th at the ASHA Auction beginning at 1:00 pm. The HOT SHOTS will also provide a basket of goodies to be auctions off for the ASHA Youth. If you will be in Louisville, please plan to attend!



Don't forget the ribbons!

When leaving a horseshow, we bring home any ribbons that have been left behind. Sadly, our pile of unclaimed ribbons is quite large! If you have ribbons you think you have left behind, please check with Mickey in the office before **September 1st**. After that, the Forsyth County Landfill will sadly enjoy your ribbons!

Our own Jack and Donna Finch were recently featured in an article in the July edition of Horse World magazine. Make sure to check it out! You can visit online at www.saddlehorsereport.com.



When you get hit up for Fall Carnivals and other events at school, please remember us! We are happy to donate lessons, birthday party certificates or put together a basket for your school!

Congratulations to the Fitton Family!
They found their name in the July newsletter and will enjoy a free riding lesson!

SAVE THE DATE!!
The very popular Adult Weekend Riding Clinic dates have been set!
Please mark your calendars to attend
March 11-13, 2011!

Spaghetti Anyone?

For those of you who don't already know, Ms. Mary does not cook! However, the Hot Shots had their first (of hopefully many) dinners at Ms. Mary's house and it was a huge success! Thankfully the big girls cooked - thank you Alex Foster, Ali Fitton, Katie Morrison and Meredith Macy!

Everyone played hard and ate a lot! Sydney Beason got stuck in a tree while playing hide and seek. Drew Taylor and Anna Drew would not have been found had it not been for Stephanie Brackett. Allie Poovey got stickers stuck in her hair and some kids stepped in Mona's poop!

It was a wonderful time and a great way to for Mary and Evan to spend time with the children. Let's do it again!



| High Caliber Stables Show Schedule 2010 | | |
|---|---------------------------|----------|
| Show | Dates | Deadline |
| Louisville | August 22-28 | June 23 |
| NC State Championship | Sept. 15-18 | August 9 |
| Alabama Charity | Oct. 13-16 | Sept. 30 |
| NC State Fair | Oct. 27-30 | Oct. 1 |
| No Academy at highlighted shows | -Subject to Change | |

Please let us know by the highlighted date if you plan to attend the show. Please respond via email!



SAVE THE DATE

Please mark your calendars for the
3rd Annual
High Caliber Stables Christmas Party
on December 11th!

**— HIGH CALIBER —
STABLES**

